



GLUTEN-FREE MENU

The items listed below meet the guidelines for gluten-restricted diets. We do not have a gluten-free kitchen, therefore, the possibility of gluten contact may occur in our restaurant. **In order to help our customers make choices, the foods marked with an asterisk (*) represent a potential exposure to surface contact with products containing gluten.**

STEP 1: WHAT'S YOUR STYLE

BOWL

LI'L BOWL

NACHOS

HARD TACOS

STEP 2: ADD SOME FIBER

RICE

BROWN RICE

BLACK BEANS

PINTO BEANS

STEP 3: PICK YOUR PROTEIN

***MILD STEAK**

TACO MEAT

PORK

VEGETARIAN

STEP 4: CHOOSE A SALSA

PICO

CORN 🌶️🌶️

VERDE 🌶️🌶️

WILD 🌶️🌶️🌶️

STEP 5: ONIONS & PEPPERS

ONIONS

BANANA PEPPERS 🌶️

JALAPENO PEPPERS 🌶️🌶️

STEP 6: CHOOSE A SAUCE

RANCH

HONEY BBQ

SWEET HABANERO

TACO 🌶️

LOUISIANA GOLD GREEN 🌶️

BUFFALO 🌶️🌶️

HOT HEAD SAUCE 🌶️🌶️

LOUISIANA GOLD RED 🌶️🌶️🌶️

LOUISIANA HORSERADISH 🌶️🌶️🌶️

TABASCO CHIPOTLE 🌶️🌶️🌶️

CHOLULA 🌶️🌶️🌶️🌶️

EXTREME HABANERO 🌶️🌶️🌶️🌶️🌶️🌶️

STRAIGHT HABANERO 🌶️🌶️🌶️🌶️🌶️🌶️🌶️🌶️

STEP 7: TOP IT OFF

SOUR CREAM

LETTUCE

MONTEREY JACK

CHEDDAR

STEP 8: SIDES

CHIPS

QUESO

GUACAMOLE

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Hot Head Burritos, its franchisees and employees do not assume any responsibility and or liability for any allergy or sensitivity to any food consumed from our restaurants. We have made every effort to be accurate with our data as so provided and obtained from the manufacturers of our food items. Product information is for current products as of October 2012, but, variations can occur due to ingredient substitutions, differences in suppliers, recipe revisions and product assembly at the restaurant level. Limited Time Offers are not included. This information is not meant to substitute for the advice provided by a physician or other medical professional.