

# GLUTEN FREE

## POSH-NOSH APPETIZERS



### SCOTCH EGG \$ 5.99 (1) - \$11.49 (3)

A variety of tasty House-made treats from our homeland. A hard(ish) boiled Egg, wrapped in sausage, breaded and deep-fried - served on greens.

*Choose from:*

- 1) **Traditional**--Served with Yellow Mustard
- 2) **Spicier**—Egg wrapped in Chorizo sausage, served with Jalapeno Ranch
- 3) **Curried**—Egg wrapped in curried sausage, served with Tikka Mayo
  - One Egg JUST **\$5.99**
  - Two Eggs (*any combination*) **\$8.99**
  - Three Eggs (*any combination*) **\$11.49**

### ‘COCKNEY’ CHICKEN WINGS (8) \$ 7.99

Get your “North and South” wrapped around our juicy chicken wings. Delicious as they come, or tossed in Buffalo or Barbeque sauce. Ask for Ranch or Blue Cheese.

### GRAVY or CHEESE or CURRY CHIPS \$ 4.99

Fresh-cut English style “chipped” potatoes seasoned and topped with your choice of brown gravy, our House-made Curry sauce or Cheese sauce. A true “Chip-shop” experience here in DFW.

### ADMIRAL NELSON’S ENGLISH NACHOS \$ 6.99

Fresh-cut English chips topped with cheddar cheese sauce, sour cream, green onion, and bacon. He may have had only one arm, but he could chow down on these for sure.

## SALADS

### GARDEN SALAD \$7.99

Lettuce, tomato, onions, mushrooms, cucumbers, black olives, shredded mozzarella cheese and your choice of dressing.

- With Antipasta diced ham, salami and sliced cheese **\$ 8.49**

### CHICKEN CAESAR SALAD \$8.99

Crisp, fresh lettuce, grated Parmesan cheese, our excellent GF Caesar dressing, all served with our fabulous grilled, marinated Chicken.

- without Chicken **\$ 6.99**

*This menu is provided by the owners of “From Across the Pond Restaurant”, a gluten-free family, as a service to our customers. From Across the Pond assumes no responsibility for its use and/or consumption. Please be aware that during normal kitchen operations, including shared cooking and preparation areas, there is a POSSIBILITY for food items to come in contact with other food products. We will, of course, make every possible effort to ensure that this does not occur. We encourage our great patrons, to their own satisfaction, to consider this information in light of their individual requirements and needs. We understand and know the difficulties of having to eat Gluten Free and take the matter as seriously and compassionately as possible. Enjoy.*

## Come on and “Cross the Pond”

### FISH ‘N CHIPS \$12.99

Redbridge battered fresh Cod fillets. We serve with hand-cut English chips (that’s fries to you), and mushy peas. Served with tartar sauce. A TRUE taste of England here in Texas!

### BANGERS ‘N MASH \$11.99

Authentic, British-style, GF sausages served on delicious creamy mashed potatoes and served with traditional brown gravy and sautéed onions.

### EMMA’S SHEPHERDS PIE \$12.99

Delicious English tradition ground beef, carrots, onions, and mushrooms in a tasty sauce. Topped with Cheesy Mash Potatoes. Served with HOT crusty GF bread **upon request.**

### BUBBLE AND SQUEAK \$9.99

A delicious Potato cake of Potato, Roasted Brussels sprouts and Cheddar cheese, topped with a Poached Egg, Crispy slices of Bacon and Hollandaise sauce. Absolutely delicious.

### BEEF AND ALE STEW \$12.99

Redbridge GF “Ale”, beef, potatoes, carrots, onions, celery in a delicious stew. Served with a side of “mash”.

Served with oven-baked GF crusty bread UPON REQUEST.

### THE BIG BEN BURGER \$8.99

Made with half a pound of beef, love and secret flavorings. Grilled to order then add your choice from lettuce, tomato, onion, and cheddar cheese. Served on a delicious GF burger bun.

### CHICKEN TIKKA MASALA \$12.99

The unofficial best-selling dish of England. Tender, slow marinated chicken in authentic Indian spices, braised in a flavorful sauce and nestled over a savory Basmati rice. Served with GF pita bread.

## SARNIE SELECTIONS

*Sandwiches to You!*

*(All served with chips)*

### PHILLY CHEESESTEAK \$9.99

Sautéed shaved beef, mushrooms, onions and green peppers cooked to perfection. All added to a warm GF bun and then topped with delicious cheese.

### The ROYAL SUB \$8.99

Ham, salami, pepperoni, and Provolone cheese topped with lettuce, tomato and onion. Served with your choice of dressing. Served cold, unless requested to be toasted.

### BANGERS ON A HOAGIE \$8.99

British-style Sausages, sliced open and topped with sauteed onions, drizzled with brown gravy. Served on a warmed fresh GF bread, spread with a little mustard-mayo.

### CHICKEN PARMESAN SUB \$8.99

An amazing favorite. GF Breaded chicken breast, tomato sauce, finest mozzarella cheese, and oven baked ‘til golden!

*The above sandwiches are served on a wonderful GF bun with English Chipped-potatoes. Substitute mashed potatoes or a tossed salad for just \$1.99 more.*

## PIZZA & SUCH

*“Paying homage to our days as  
Joess Pizza n Pasta”*

**A wonderful 12-inch GF pizza crust, topped with our incredible pizza sauce and the finest grade of cheese available.**

Build your own from Pepperoni, Ham, Canadian Bacon, Green Peppers, Tomatoes, Black Olives, Jalapenos, Onions, Mushrooms or extra Cheese—then add it to:

### 12” CHEESE PIZZA \$12.99

### 12” CHEESE PIZZA \$14.99

*with up to 2 toppings*

### 12” WHITE PIZZA \$13.99

*(available two ways)\**

*\*with Alfredo sauce or just cheese*

### 12” JOES SPECIAL \$16.99

• Pepperoni, Sausage, Mushroom, Black Olives. Please ask about building your own special.

*All additional toppings are charged at \$2.00 per topping.*

## PASTA DISHES

*All pasta dishes come with  
a side salad*

**Gluten-free pasta types to choose from:**

- Ziti
- Spaghetti

**Choose from 5 delicious GF sauces**

- Tomato Sauce **\$8.49**
- Mushroom **\$10.49**
- Alfredo Sauce **\$11.49**
- Pink Sauce **\$10.99**
- Meat Sauce **\$10.49**

*GF pasta types may be subject to change without notice.*

### CHICKEN ALFREDO \$12.99

Sautéed Chicken in a rich and creamy Alfredo sauce served with GF pasta.

### CHICKEN PARMESAN \$13.49

Chicken breast, breaded in delicious GF bread crumbs, oven baked and covered in tomato sauce and mozzarella cheese. Served with a side of GF Pasta topped with tomato sauce.

### BAKED ZITI \$11.99

Our special GF Ziti pasta, oven-baked with a rich ricotta cheese and tomato sauce until it is perfect, golden brown, piping hot, and utterly delectable.

### PASTA MICHELANGELO \$12.99

GF Pasta served in a delicious Pink sauce with diced tomatoes, mushrooms, onion and Ham—a personal favorite of ours.



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